Aslockton Hall Nursing Home New Lane Aslockton Nottingham NG13 9AH



Statement of Purpose

April 2021

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This document has been written in accordance with the Health and Social Care Act 2008. The document will be reviewed every 12 months unless circumstances dictate that it should be reviewed earlier.

Introduction:

Aslockton Hall Residential and Nursing Home specialises in long term care of the elderly on either a residential or nursing care basis. Short term stays can be arranged for respite and convalescent care.

With over 25 years' experience, we pride ourselves on offering a highly professional care service for the elderly, with a personal touch. When people have worked hard throughout their life and have been committed to helping others, we think they deserve extra cherishing. They need a home where individuality is emphasised, with staff who have time to give attention to small detail and where they have the choice of enjoying the company of like-minded fellow residents.

Aims and Objectives:

The service provided to our Residents will be managed within the framework of Safeguarding protocol at all times and in line with Local Safeguarding Board recommendations.

The Rights, Privacy and Dignity of our Residents are to be upheld and respected at all times by staff and visitors.

The Care and/or Nursing needs of the Residents at Aslockton Hall will be met through an individual plan of care to meet their physical, psychological, special and social needs, written in consultation with them and next of kin as appropriate. Residents will be given regular opportunities to change any aspect of their care through review and engagement.

The Home provides a safe, clean and comfortable environment and employs the use of suitable equipment to enable and support the residents in our care in their daily living.

Staff are appropriately trained for their roles within the Home and seek to promote positive, purposeful engagement with Residents and Next of Kin. Displaying empathy and kindness in their dealings with those in our care.

We will seek to work in partnership with Next of Kin and external professionals in the Best Interests of the Residents in our care.

We will provide a range of purposeful activities which will seek to engage residents in physical activity working from individual interests as much as possible; this will be through appointed activity coordinators, supported by visitors and providers who come into the Homes. Next of Kin will be encouraged to participate as much as they are able to.

The spiritual needs of the Residents will be considered and met through regular engagement with major faith providers; visits into the Homes by local priests and people from within the church community. Services of thanks giving and worship will be offered to Residents within the Homes on a regular basis.

Registered Provider/Proprietor:

Claregrange (Trading) Limited

Registered Manager: Mrs. Fiona Johnson (01.06.2019)

Nursing & Care Manager: Miss Denisa Bombi

Contact Details:

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Staff Numbers and Training:

The home employs one Registered Home Manager, a Nursing & Care Manager who is also Clinical Lead. In addition, qualified Nurses are in full employment; Team Leaders manage the Residential floor of the Home; Bank Nurses, Senior Care Assistants; Care Assistants, as well as a team of Building, Domestic and Kitchen support staff.

Staff are selected for their qualities of reliability, integrity, skill, friendliness and professionalism. They are DBS checked and references are always checked thoroughly. During induction, all grades of staff are trained in-house by experienced Staff comprising of the Fire Warden/ First Responder and Training Coordinator in the following:

Philosophy of the Home Confidentiality The rights of the Resident Safeguarding & Prevent Health and Safety

In addition, there is training relevant to the grade including NMC or Care Code of Conduct, Food Hygiene, Moving and Handling, First Aid (basic Life Support), Fire including Evacuation and practical aspects of the work including Record Keeping.

All new staff receive an induction. Care staff are encouraged to complete the Care Certificate and to achieve apprenticeships (Level 2 & 3) brokered with a local training company Tempest Training. Team Leaders are expected to have completed the Level 3 and also Safer Administration of Medicines and PRESQUIPP in order to be considered for this role. In addition, they must be prepared to complete the new Level 4 apprenticeship.

A continuous staff training programme is implemented to ensure that high standards are maintained in line with appropriate legislation and regulation as regulated by the Care Quality Commission. The individual profiles of staff are updated on the Adult Social Care Workforce Data set (formerly NMDS) and also on ten internal training matrix which is maintained by the training coordinator.

Accommodation:

The home is registered as having capacity for 62 bedrooms. At present 57 are in use.

Downstairs: 27 bedroooms 1 Large suite (lounge, ensuite & bedroom)

18 with ensuite facilities

8 single rooms (no ensuite)

Upstairs: 30 bedrooms 19 with ensuite facilities

11 single rooms (no ensuite)

Social Rooms:

There are 4 lounges and 2 dining rooms, all centrally heated. Residents are encouraged to use these public rooms. However, Residents who choose to stay in their own rooms may do so. Smoking is not allowed in the home. All rooms are connected to a nurse call system for the benefit and safety of Residents. A lockable facility to secure valuables and personal items is available to all Residents. A telephone connection is available at an extra cost and is payable each month.

In addition, the Clayton Wing has a small kitchenette area where residents and their friends may be able to prepare drinks and snacks, subject to safety considerations.

Admission:

Residents interested in coming to Aslockton Hall Residential and Nursing Home are encouraged to visit the home and sample the atmosphere and level of service. Respite visits are encouraged prior to a permanent decision being made. This gives the resident time to get to know the staff and adjust to new people and surroundings. A month's trial period is always given before taking permanent residency.

Aslockton Hall offers respite stays for Residents who may be recovering from surgery or whose carer needs a break. These stays are discussed and planned on an individual basis by the Home and Nursing & Care Manager.

Our Philosophy of Care:

Staff are trained to strive to preserve and maintain the dignity, individuality and privacy of all Residents within a warm and caring atmosphere and in so doing will be sensitive to the Residents' ever changing needs. This is encapsulated in our Philosophy of Care:

Our philosophy of care is based on the respect of privacy and the preservation of dignity.

Our holistic approach to care aims to allow each Resident the opportunity to achieve his or her full potential.

A thorough understanding of the problems people face through ageing and disability allows us to promote independence that is supported by a committed team of staff

Smoking and Alcohol:

There is a no smoking policy in the Home for Residents and staff alike. Concerning alcohol, Residents will normally make their own arrangements in conjunction with medical advice.

Fire Safety:

The home has a modern fire alarm system fitted, with Fire Exit notices and Fire Emergency Instruction notices displayed at strategic points throughout the home, as advised by the local Fire Department.

Staff are instructed during induction training regarding the Fire Prevention/Drills Policy which includes use of the process to follow in the event of a Fire. This is also supported by annual training which includes the process to follow when there is a fire alarm activation/need to raise the alarm if a fire is detected and including the process for the evacuation of residents, muster points, raising the alarm etc. Residents are informed of the emergency procedure during admission.

A fire test is carried out weekly on varying shifts which ensures all staff and Residents have a comprehensive understanding of their responsibilities. A full fire drill is conducted six monthly which involves the procedure for evacuation of the home.

Records are kept of all such testing as part of the Proprietor's responsibilities.

All firefighting equipment is checked annually by a qualified fire extinguisher maintenance engineer.

Where possible, furniture, fixtures and fittings must be made of fire-resistant or fire-retardant fabrics and materials.

Religion (Worship/Attendance at Religious Services:)

Residents may attend religious services either within or outside the home as they so desire. If services are outside the home, the Resident should, if necessary and where possible, arrange for transport and accompaniment with friends or relatives. In the event of this not being possible, care staff may accompany Residents on specific occasions if staffing levels permit.

Residents have the right to meet clergy of their chosen denomination at any time. If required, a private room will be made available for such meetings.

Contact with Family and Friends:

Residents' families, relatives and friends are encouraged to visit regularly and maintain contact by letter or telephone when visiting is not possible. In these cases, staff will offer to assist the Resident to respond where help may be needed.

Visitors will be welcomed at all reasonable times and are asked to sign the Visitors Book on arrival and departure from the Home for security and fire safety reasons.

The Resident has the right to refuse to see any visitor and this right will be respected and upheld by the person-in-charge who will, if necessary, inform the visitor of the Resident's wishes.

Resident's Care Plan Review:

Once developed the Resident's care plan will be reviewed monthly by staff and updated to reflect any changing needs and ensure that the objectives for health, personal and social care are actioned. Any plan is developed with the involvement of the Resident and, where possible, a signature will be obtained to verify this.

A 'keyworker' system is in operation, whereby each resident is allocated a named Nurse or Care Team Leader who takes responsibility for reviewing and updating the care needs of the resident which is documented in the Care Plan. This also provides a point of contact for Next of Kin or P o A. This also aids in the process of achieving person-centred care planning.

Family and relatives will be encouraged to participate in the Resident's daily routine as far as is practicable and can be invited to formal reviews. Residents and their relatives are always welcome to chat with a member of the care staff if they have concerns.

The Resident's Care Plan is reviewed at three levels:

- Daily on a shift-to-shift basis. At staff shift changeover the Resident's daily care needs are handed over by the out-going shift to staff on the in-coming shift and the Resident's responses and activity patterns discussed as needed. Changes to the Resident's Care Plan may be proposed at this point.
- At the end of the four-week settling-in period.

• Thereafter a formal review is held with care staff monthly.

Complaints:

If as a Resident, relative or visitor you feel that there is cause for complaint, you should first discuss the matter with the person in charge. If the matter is, in your opinion, a serious one, or if you remain dissatisfied, you must record the complaint in writing for the attention of the Manager. A full investigation will be made into the complaint and you will be advised of the outcome within 28 days of the complaint being made.

If, after this investigation, you are still not satisfied, or if you feel that the complaint is of a serious nature and you wish to speak to a registration officer first, then you should contact the Care Quality Commission at Citygate, Gallowgate, Newcastle upon Tyne, Telephone 03000 616161, Fax 03000 616172.

A copy of Aslockton Hall Nursing Home Complaints Procedure is on display in the hallway and can be made available on request.

Social and Therapeutic Activities:

These consider the Resident's interests, skills, experiences, personality and medical condition. The Home offers a wide range of activities designed to encourage the Resident to keep mobile and most importantly to take an interest in life.

Staff encourage and will help Residents to pursue their hobbies and interests. Activities provided include:

Games – cards, dominoes Bingo Knit 'n Natter sessions Craft sessions

Quizzes

Weekly exercise class – a session for those who can stand, followed by one for the wheelchair bound

Musical entertainers – either professional or local groups who perform to a high standard

Film shows
Garden parties
Coffee mornings, raffles, charity events
Social evenings
Church services
Clothing and footwear sales

In addition:

The hairdresser visits once per week

The chiropodist visits monthly

The Home has a partnership with a Nottingham based Dentist for the provision of routine and emergency dental care

The Home has a partnership with Vision Care at Home for the provision of Optician services

The Home has a minibus which has access and fixing points for wheelchairs. All outings are geared to Residents' needs and capabilities and due to this only a limited number of Residents can go on any one outing.

It is possible for Residents to hire the minibus with driver to convey them to social and family events.

Monitoring and Quality:

Within the Home there are various systems which ensure that close monitoring is maintained on all the Home's services and procedures. Attention to the smallest detail is pivotal to everything that we do.

An important part of our quality programme is to involve the Residents and their relatives. We regularly ask for comments on the Home, the staff and services we provide. We hold Residents' meetings and we also annually circulate Next of Kin and Residents' questionnaires. Responses are analysed and assist in identifying strengths and weaknesses and helps to ensure that we continue to provide a quality service.

Reviewed: April 2021

Next Review due April 2022